

WEEK 2: BEHOLDING THE CROSS

The Sevenfold suffering of Christ

*He was wounded for our transgressions,
He was bruised for our iniquities; the
chastisement for our peace was upon Him,
and by His stripes we are healed.*
(Isaiah 53:5)

24-7 PRAYER FOR REVIVAL

30 MARCH – 5 APRIL 2026

Across the world, headlines of war stir deep uncertainty and fear in many hearts. The negative consequences of technological advancement are also causing unease, even among technology experts. Frequent natural disasters further intensify fear.

People wonder what tomorrow may bring: whether the world is moving toward greater instability and turmoil, economic downturns and greater loss of privacy. In such times, anxiety about the future can easily grow, leading many to ask, "Where can true security be found?"

While many things are being shaken, there is one thing that cannot be shaken. By 'Beholding the Cross', we are reminded again of the unshakable Kingdom of God. Jesus Christ is the same yesterday, today and forever. He is the everlasting Rock. During Passover, we join millions of followers of the Lord Jesus around the world in celebrating His victory and devoting ourselves afresh to Him.

In these seven days leading up to Resurrection Sunday, we will reflect and pray according to the seven ways in which Jesus shed His blood for our salvation, redemption and deliverance.



MONDAY 30 MARCH 2026

SEVEN WAYS THE BLOOD OF JESUS WAS SHED AGONISING PRAYER

And being in agony, He prayed more earnestly. Then His sweat became like great drops of blood falling down to the ground. (Luke 22:44).

Jesus withdrew to pray alone when the weight of obedience to the Father rested upon Him. In that place of prayer, He overcame temptation by remaining in close fellowship with God the Father.

Let us pray

- Pray for believers who are facing crossroads in their lives to seek the face of our heavenly Father earnestly.
- Ask the Holy Spirit to help them withstand temptation and surrender completely to God in obedience.

Memorise this simple prayer: Father, not my will, but Yours be done (Matthew 26:39).

TUESDAY 31 MARCH 2026

SEVEN WAYS THE BLOOD OF JESUS WAS SHED AFFLICTED FOR OUR RIGHTEOUSNESS

I gave My back to those who struck Me, and My cheeks to those who plucked out the beard; I did not hide My face from shame and spitting. (Isaiah 50:6).

Jesus was oppressed and afflicted, yet He laid down His life like a lamb led to the slaughter (Isaiah 53:7).

Let us pray

- Pray for believers who are reviled for the sake of the Gospel of Jesus Christ to remain steadfast in their faith and immovable in their obedience to Him.
- Ask the Lord to help them respond with grace during times of persecution, overcoming evil by doing good (Romans 12:14-21).

Memorise this simple prayer: Lord, help me overcome evil with good (Romans 12:21).



WEDNESDAY 1 APRIL 2026

SEVEN WAYS THE BLOOD OF JESUS WAS SHED WOUNDED FOR OUR HEALING

*Then he released Barabbas to them; and when he had **scourged** Jesus, he delivered Him to be **crucified**.* (Matthew 27:26).

Every sickness, those common to man and even the ones that are rare, Jesus bore on His body.

Let us pray

- Thank Jesus Christ that He took our infirmities and bore our sicknesses upon Himself for us to be restored and healed.
- In faith, pray with and for family and loved ones by name who are suffering from terminal illnesses. Declare the power of the Blood of Jesus over their bodies.

Memorise this simple prayer: By the stripes of Jesus, I am healed (Isaiah 53:5d).

THURSDAY 2 APRIL 2026

SEVEN WAYS THE BLOOD OF JESUS WAS SHED HUMILIATED IN HIS SUFFERING

*When they had twisted a **crown of thorns**, they put it on His **head**, and a reed in His right hand. And they bowed the knee before Him and mocked Him, saying, "Hail, King of the Jews!"* (Matthew 27:29).

Jesus was mocked and those who hailed Him as King did not truly acknowledge His authority or lordship. Because He bore the crown of thorns, our consciences are cleansed from acts of death, so that we can serve the Living God with peace of mind, free from all kinds of torment.

Let us pray

- Ask the Holy Spirit to convict influential people who openly mock Jesus, of their sins. Pray that the fear of the Lord will draw them to surrender to Him as Lord and Saviour.
- In prayer and worship bow before the Lord, acknowledging Him as King of your life.

Memorise this simple prayer: Jesus, You are the King of kings and Lord of lords! (Revelation 19:16).



FRIDAY 3 APRIL 2026

SEVEN WAYS THE BLOOD OF JESUS WAS SHED DISFIGURED BEYOND RECOGNITION

*Behold, My Servant shall deal prudently; He shall be exalted and extolled and be very high. Just as many were astonished at you, so His **visage was marred** more than any man, and **His form** more than the sons of men... (Isaiah 52:13-14).*

The suffering and physical disfigurement of Jesus was unparalleled, but for the joy that was set before Him, He endured the cross (Hebrews 12:2).

Let us pray

- Ask the Holy Spirit to reveal the love of Jesus, displayed through His suffering, to people who see their physical or mental disabilities as unbecoming or as a disgrace.
- The Word states that we are strengthened in the Lord's joy (Nehemiah 8:10). Pray for suffering believers to experience the Lord's joy amid their suffering (James 1:2).

Memorise this simple prayer: Christ loved me while I was a sinner (Romans 5:8).

SATURDAY 4 APRIL 2026

SEVEN WAYS THE BLOOD OF JESUS WAS SHED CRUCIFIED

*Then they **crucified** Him, and divided His garments, casting lots, that it might be fulfilled which was spoken by the prophet: "THEY DIVIDED MY GARMENTS AMONG THEM, AND FOR MY CLOTHING THEY CAST LOTS." (Matthew 27:35).*

Jesus, our Lord and Saviour, was nailed to the cross for our sins. He bore the weight of the sins of the world. He has cancelled the charge of our legal indebtedness, which stood against us and condemned us (Colossians 2:14).

Let us pray

- Pray for prisoners in jail who are daily reminded of charges against them. Ask the Holy Spirit to convict them of their sin and the power of forgiveness in Jesus Christ to wipe away all guilt and shame.
- Pray for unbelievers to sincerely repent and turn away from their wickedness so that their lives will be altered according to the purpose of God.

Memorise this simple prayer: By the Blood of Jesus, all charges that stood against me have been cancelled (Colossians 2:14).



SUNDAY 5 APRIL 2026

**SEVEN WAYS THE BLOOD OF JESUS WAS SHED
PIERCED SIDE**

*But one of the soldiers **pierced His side** with a spear, and immediately blood and water came out. (John 19:34).*

The blood and the water hold spiritual significance for believers. The water symbolises the cleansing that comes through faith. The Blood seals an eternal covenant for us through the sacrifice of Jesus, the Lamb of God.

Let us pray

- Pray for the Body of Christ, to continually share the message of the Cross and the Blood during fellowship.
- Pray that believers will submit their hearts to the Lord continually. Pray for hearts to be softened and cleansed by the Blood of the Lamb.

Memorise this simple prayer: The Blood of Jesus cleanses me from all sin (1 John 1:7).

