

MEDIA

A voice for Jesus

Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O LORD, my strength and my Redeemer.
(Psalm 19:14).



24-7 PRAYER FOR REVIVAL

28 July – 3 August 2025

We invite you to join us as we pray about social media, that it will be used to glorify Jesus and be a voice for Him.

Social media is a powerful tool, but also a battlefield for our hearts and minds, especially our youth. Let us pray that every platform becomes a place where Jesus is glorified, truth is proclaimed and identity is rooted in Him, not in image, popularity, or fleeting trends.

MONDAY 28 JULY 2025

TEACH AND INSPIRE

All things are lawful for me, but not all things are helpful... (1 Corinthians 10:23).

YouTube is used by 90–95% of teens, with 73% accessing it daily.

YouTube's endless content can cause mindless scrolling, spiritual apathy and exposure to harmful content, wasting time without discernment.

Let us pray

- Ask the Lord to help you prioritise wisdom over entertainment.
- Pray for the Lord to protect the eyes of the youth from ungodly content and their hearts from distraction.
- Ask the Lord to raise up godly young people **who will teach and inspire others for His glory.**

Declare over the youth: You will set your minds on things above, not on things on the earth, and seek first the Kingdom of God (Colossians 3:2; Matthew 6:33).

TUESDAY 29 JULY 2025

PROCLAIM HIS TRUTH

...do not be conformed to this world, but be transformed by the renewing of your mind... (Romans 12:2).

TikTok is used by approximately 60–70% of teens.

TikTok's viral trends often promote pride and compromise. Youth feel pressured to follow the trends for likes, even when they oppose Christian values.

Let us pray

- Ask the Father to give you boldness to resist ungodly trends.
- Pray that the Holy Spirit will equip the youth to lead with righteousness and creativity that honours Him.
- Ask the Lord to help the youth use social media platforms **to proclaim His truth** and not to conform to culture.

Declare over the youth: You will preach the word! Be ready in season *and* out of season. Convince, rebuke, exhort, with all longsuffering and teaching (2 Timothy 4:2).

WEDNESDAY 30 JULY 2025

REFLECT GODLINESS

..."Do not look at his appearance or at his physical stature... For the Lord does not see as man sees... the Lord looks at the heart." (1 Samuel 16:7).

Instagram is used by 60% of teens.

Instagram promotes image and lifestyle perfection, leading young people to compare themselves to others, fuelling insecurity, envy and a distorted sense of identity.

Let us pray

- Ask the Lord to protect you from comparison and insecurity caused by curated images.
- Pray for the Lord to help young people find identity in Him, not in likes or online popularity.
- Ask Him to raise influencers who **reflect godliness and inner beauty**.

Declare over the youth: In all things you will show yourself to be a pattern of good works; in doctrine, showing integrity, reverence and incorruptibility (Titus 2:7).

THURSDAY 31 JULY 2025

ACCOUNTABILITY AND TRUTH

"For nothing is secret that will not be revealed, nor anything hidden that will not be known..." (Luke 8:17).

Snapchat is used by approximately 55–60% of teens.

Snapchat's disappearing messages can promote risky behaviour, making young people feel free to share inappropriate content without fear of consequence.

Let us pray

- Ask God to help you walk in integrity, even when you think no one sees.
- Pray for the Lord to expose and heal any secret sin and lead the youth into His light.
- Ask the Lord for **accountability and truth** in the lives of youth to be greater than secrecy and shame.

Declare over the youth: You will walk as children of light, for the fruit of the Spirit is in all goodness, righteousness and truth (Ephesians 5:8-9).

FRIDAY 1 AUGUST 2025

SHARE THE GOSPEL

Let no corrupt word proceed out of your mouth, but what is good for necessary edification... (Ephesians 4:29).

Facebook usage among teens is below 32%.

Facebook's group posts and comments often become breeding grounds for division, gossip, or prideful arguments. Misinformation spreads quickly, creating spiritual confusion and relational strife.

Let us pray

- Ask the Father to help you to speak truth with grace online.
- Pray for Him to guard the hearts of the youth from offense, pride and divisive talk.
- Ask that the Holy Spirit would stir hearts to use social media platforms for **sharing the Gospel**, not to spread conflict.

Declare over the youth: You will go therefore and make disciples of all the nations, baptising them and teaching them to observe all that Christ has commanded (Matthew 28:19-20).

SATURDAY 2 AUGUST 2025

BUILD COMMUNITY AND FAITH

The mouth of the righteous is a well of life... (Proverbs 10:11).

WhatsApp is used by 23-25% of teens.

WhatsApp, while useful for communication, is often used for secret chats or forwarding harmful content. What's hidden in private messages can lead to gossip, temptation, or unmonitored behaviour.

Let us pray

- Ask the Father to help you send messages that are filled with grace and truth.
- Pray that the Lord will guard young people from engaging in secret sins or inappropriate conversations.
- Ask the Lord to help them use messaging apps to **build community and faith**, not secrecy and gossip.

Declare over the youth: You will consider one another to provoke unto love and good works... encouraging one another... (Hebrews 10:24-25).

SUNDAY 3 AUGUST 2025

CREATIVITY TO GLORIFY HIM

Now godliness with contentment is great gain. (1 Timothy 6:6).

Tumblr and Pinterest are growing niche platforms, with Gen Z comprising 50% of Tumblr users and increasing Pinterest engagement.

Tumblr shares art, poetry and writing. Pinterest promotes ideal lifestyles and bodies, often leading youth to unrealistic expectations, materialism and discontent with their blessings.

Let us pray

- Ask the Lord to teach you to be content with what He has given you.
- Pray for the Lord to help the youth resist the temptation to idolise perfection.
- Pray that their **creativity will glorify Him**, not fuel envy or discontentment.

Declare over the youth: You will let your light so shine before men, that they may see your good works and glorify your Father in heaven (Matthew 5:16).
