



## **40 DAYS OF BIBLE READING**

### **– GUIDELINES –**

**1 Dec 2024 – 9 Jan 2025**

#### **WHY 40 DAYS?**

Whenever God wanted to prepare someone for His purposes, it often took 40 days:

- >> Moses was completely transformed by twice spending 40 days in God's presence on Mount Sinai.
- >> The entire city of Nineveh was transformed after 40 days.
- >> Jesus was empowered for His earthly ministry after 40 days of fasting and prayer in the wilderness.

#### **GROUP RULES**

Group rules are there to create order and protect people with limited data from being overwhelmed by too many posts. It also helps to keep the focus of the group – please kindly adhere to these guidelines throughout the 40 Days. If you have any questions, please send one of the Administrators on the Telegram Group a private message.

#### **HOW TO SAVE DATA**

To save data, make sure your Telegram message settings are set to 'download over Wi-Fi only'.

## WHAT IS NOT ALLOWED

1. It is against the POPI Act to use numbers on this group without the permission of individuals, in order to add them to your own groups for any purpose.
2. Do not post links to videos, worship songs, teachings.
3. Do not post advertisements, books, ministries, etc. on this group.
4. If anyone on this group privately contacts you to ask for money or send you inappropriate info, please report them to a Group Administrator immediately! They will be REMOVED without any explanation.

## WHAT IS ALLOWED

1. To post a Scripture and reference that stood out for you on a particular day. Please do not post a whole chapter! Up to 4 verses are perfectly fine.
2. You can create and manage your own WhatsApp group for personal contacts who are not on Telegram, but who want to read along.
3. You can forward guidelines and info on the Telegram Group to your own groups to keep people reading!

## HOW MUCH TIME DO I HAVE TO COMMIT?

>> **LESS IS MORE** – Do not overcommit. You want to enjoy and encounter God by reading through Scripture more than simply to accomplish a task!

>> **CHOOSE A READING PLAN** that will fit your schedule best, so you won't feel guilty when falling behind. The first three plans are available at the end of these guidelines and will also be available on the Telegram group:

- **PLAN 1 – THE WHOLE BIBLE** – It will take someone with an average reading speed about 2 hours a day to cover the daily portion and finish the whole Bible in 40 days.
- **PLAN 2 – NT, PSALMS, PROVERBS, ECCLECIASTES** – It will take about 40 minutes a day to cover the daily portion to finish this reading plan in 40 days.
- **PLAN 3 – PSALMS, PROVERBS, ECCLECIASTES** – It will take about 10-15 minutes a day to cover the daily portion to finish this reading plan in 40 days.
- **MORE PLANS** – In our PDF booklet you will find more reading plans for adults and children to choose from. Visit <https://tinyurl.com/40DayReading>

>> **PRINT OUT** – Print out the *Reading Plan* of your choice to help you keep track of your daily progress.

>> **IF YOU FALL BEHIND** – Just keep on reading, even if it takes 50 or 60 days to read through. Remember the focus is more on enjoying God through Scripture than accomplishing a task!

>> **POST IN THE GROUP** – When a specific passage stands out to you on a specific day, you are welcome to post that reference in the group.

>> **ENJOY** spending time and growing deeper in **LOVE** with the **LIVING WORD** as you read the **WRITTEN WORD!**

>> **REMAIN** on the group to join us again next year!

## CHOOSE A READING PLAN

### PLAN 1: 40 DAYS THROUGH THE WHOLE BIBLE

This reading plan is a bit more challenging and can only be finished if you have time to read at least 2-3 hours daily.

- DAY 1: - Gen 1-24
- DAY 2: - Gen 25-50
- DAY 3: - Ex 1-18
- DAY 4: - Ex 19-40
- DAY 5: - Lev
- DAY 6: - Num 1-21
- DAY 7: - Num 22 - Deut 10
- DAY 8: - Deut 11-34
- DAY 9: - Josh
- DAY 10: - Judg; Ruth
- DAY 11: - 1 Sam
- DAY 12: - 2 Sam
- DAY 13: - 1 Kings
- DAY 14: - 2 Kings
- DAY 15: - 1 Chron
- DAY 16: - 2 Chron
- DAY 17: - Ezra; Neh; Esth
- DAY 18: - Job
- DAY 19: - Ps 1-41
- DAY 20: - Ps 42-106
- DAY 21: - Ps 107-150
- DAY 22: - Prov
- DAY 23: - Eccl; SOS; Lam
- DAY 24: - Isa 1-35
- DAY 25: - Isa 36-66
- DAY 26: - Jer 1-29
- DAY 27: - Jer 30-52
- DAY 28: - Ezek 1-24
- DAY 29: - Ezek 25-48
- DAY 30: - Dan - Amos
- DAY 31: - Obad - Mal
- DAY 32: - Matt
- DAY 33: - Mark
- DAY 34: - John
- DAY 35: - Luke
- DAY 36: - Acts
- DAY 37: - Rom - 1 Cor
- DAY 38: - 2 Cor - Col
- DAY 39: - 1 Thess - James
- DAY 40: - 1 Pet - Rev

## **PLAN 2: 40 DAYS THROUGH THE NEW TESTAMENT, PSALMS, PROVERBS & ECCLESIASTES**

- Day 1: - Matt 1-7 / Ps 1-8
- Day 2: - Matt 8-12 / Ps 9-16
- Day 3: - Matt 13-18 / Ps 17-20
- Day 4: - Matt 19-24 / Ps 21-26
- Day 5: - Matt 25-28 / Ps 27-31
- Day 6: - Mark 1-6 / Ps 32-36
- Day 7: - Mark 7-11 / Ps 37-40
- Day 8: - Mark 12-16 / Ps 41-46
- Day 9: - Luke 1-4 / Ps 47-51
- Day 10: - Luke 5-9 / Ps 52-57
- Day 11: - Luke 10-13 / Ps 58-64
- Day 12: - Luke 14-19 / Ps 65-68
- Day 13: - Luke 20-24 / Ps 69-72
- Day 14: - John 1-5 / Ps 73-77
- Day 15: - John 6-9 / Ps 78-79
- Day 16: - John 10-14 / Ps 80-85
- Day 17: - John 15-19 / Ps 86-89
- Day 18: - John 20 - Acts 4 / Ps 90-95
- Day 19: - Acts 5-9 / Ps 96-102
- Day 20: - Acts 10-15 / Ps 103-105
- Day 21: - Acts 16-20 / Ps 106-108
- Day 22: - Acts 21-26 / Ps 109-118
- Day 23: - Acts 27 - Rom 4 / Ps 119
- Day 24: - Rom 5-10 / Ps 120-125
- Day 25: - Rom 11-1 Cor 1 / Ps 126-135
- Day 26: - 1 Cor 2-9 / Ps 136-141
- Day 27: - 1 Cor 10-15 / Ps 142-147
- Day 28: - 1 Cor 16 - 2 Cor 9 / Ps 148 - Prov 2
- Day 29: - 2 Cor 10 - Gal 4 / Prov 3-6
- Day 30: - Gal 5 - Phil 1 / Prov 7-9
- Day 31: - Phil 2 - 1 Thess 2 / Prov 10-12
- Day 32: - 1 Thess 3 - 1 Tim 5 / Prov 13-14
- Day 33: - 1 Tim 6 - Heb 1 / Prov 15-17
- Day 34: - Heb 2-10 / Prov 18-20
- Day 35: - Heb 11 - James 5 / Prov 21-23
- Day 36: - 1 Pet 1 - 1 John 1 / Prov 24-26
- Day 37: - 1 John 2 - Jude / Prov 27-29
- Day 38: - Rev 1-7 / Prov 30 - Eccl 2
- Day 39: - Rev 8-15 / Eccl 3-7
- Day 40: - Rev 16-22 / Eccl 8-12

## **PLAN 3: 40 DAYS THROUGH THE PSALMS, PROVERBS & ECCLESIASTES**

- Day 1: - Ps 1-8
- Day 2: - Ps 9-16
- Day 3: - Ps 17-20
- Day 4: - Ps 21-26
- Day 5: - Ps 27-31
- Day 6: - Ps 32-36
- Day 7: - Ps 37-40
- Day 8: - Ps 41-46
- Day 9: - Ps 47-51
- Day 10: - Ps 52-57
- Day 11: - Ps 58-64
- Day 12: - Ps 65-68
- Day 13: - Ps 69-72
- Day 14: - Ps 73-77
- Day 15: - Ps 78-79
- Day 16: - Ps 80-85
- Day 17: - Ps 86-89
- Day 18: - Ps 90-95
- Day 19: - Ps 96-102
- Day 20: - Ps 103-105
- Day 21: - Ps 106-108
- Day 22: - Ps 109-118
- Day 23: - Ps 119
- Day 24: - Ps 120-125
- Day 25: - Ps 126-135
- Day 26: - Ps 136-141
- Day 27: - Ps 142-147
- Day 28: - Ps 148 - Prov 2
- Day 29: - Prov 3-6
- Day 30: - Prov 7-9
- Day 31: - Prov 10-12
- Day 32: - Prov 13-14
- Day 33: - Prov 15-17
- Day 34: - Prov 18-20
- Day 35: - Prov 21-23
- Day 36: - Prov 24-26
- Day 37: - Prov 27-29
- Day 38: - Prov 30 - Eccl 2
- Day 39: - Eccl 3-7
- Day 40: - Eccl 8-12

## **AVERAGE READING TIME PER BIBLE BOOK**

1. Genesis – 3h30	23. Isaiah – 3h45	45. Romans – 1h00
2. Exodus – 3h00	24. Jeremiah – 4h00	46. 1 Corinthians – 1h00
3. Leviticus – 2h00	25. Lamentations – 20m	47. 2 Corinthians – 40m
4. Numbers – 3h00	26. Ezekiel – 3h45	48. Galatians – 20m
5. Deuteronomy – 2h30	27. Daniel – 1h15	49. Ephesians – 20m
6. Joshua – 1h45	28. Hosea – 30m	50. Philippians – 14m
7. Judges – 1h45	29. Joel – 12m	51. Colossians – 13m
8. Ruth – 15m	30. Amos – 25m	52. 1 Thessalonians – 12m
9. 1 Samuel – 2h15	31. Obadiah – 4m	53. 2 Thessalonians – 7m
10. 2 Samuel – 1h45	32. Jonah – 8m	54. 1 Timothy – 16m
11. 1 Kings – 2h00	33. Micah – 20m	55. 2 Timothy – 11m
12. 2 Kings – 2h15	34. Nahum – 8m	56. Titus – 7m
13. 1 Chronicles – 2h00	35. Habakkuk – 9m	57. Philemon – 3m
14. 2 Chronicles – 2h30	36. Zephaniah – 10m	58. Hebrews – 45m
15. Ezra – 40m	37. Haggai – 7m	59. James – 16m
16. Nehemiah – 1h00	38. Zechariah – 40m	60. 1 Peter – 16m
17. Esther – 30m	39. Malachi – 11m	61. 2 Peter – 10m
18. Job – 2h00	40. Matthew – 2h30	62. 1 John – 16m
19. Psalms – 4h30	41. Mark – 1h30	63. 2 John – 2m
20. Proverbs – 1h45	42. Luke – 2h30	64. 3 John – 2m
21. Ecclesiastes – 30m	43. John – 2h00	65. Jude – 4m
22. Song of Songs – 20m	44. Acts – 2h15	66. Revelation – 1h15