



# Pray for your husband

Do you sometimes think what it would be like to have a fresh start in your relationship with your husband? Just spending time together, chatting away the hours like you did at first? Or perhaps you desire to have a regular time of prayer as a couple?

As time goes on, it can become more difficult to keep regular times of fellowship and prayer as responsibilities and activities in the family increase. However, it is possible to make at least some time every week that you can spend together, especially to pray through things that are a concern to both of you. This does not mean that you cannot start to pray right now. You can already ask the Lord to make it possible for you in the near future to increase the time you spend together as a couple in fellowship, but also in prayer.

Be sensitive to spot the right moment to ask your husband whether he would also like to spend time together as a couple on a more regular basis. You can then schedule a time that suits your diaries and family activities. If it is not possible to have your special time together during a particular week because of unforeseen events, you can be at peace knowing that you have time scheduled for the following week.

## What to pray for

Following are guidelines of things you can pray for your husband on a regular basis. You can add other points as the Holy Spirit leads you. You may consider keeping a printed copy of it in your Bible so you will be reminded to cover these points on a daily basis.

### Relationships

- His work and his interpersonal relationships with colleagues.
- All his interpersonal relationships with you, the children, family, and friends.
- His role as father and priest of your home.
- His conversations, the advice that he gives and his influence.
- His emotions and his handling of conflict and hurt.
- That he will share his heart with you and include you in his world.

### Emotions

- His self-image, and that he will understand and experience the father love of God.
- His fears and worries.
- The difficulties he faces.
- For a positive outlook on life.
- For all his past hurt, rejections and disappointments to be resolved.

## **Lifestyle**

- His handling of finances.
- His sexuality and purity.
- His plans and dreams.
- His daily choices and decisions.
- His integrity and reputation.
- His priorities and his future.
- That he will be strong to resist temptation.

## **Protection**

- His protection from temptations – both physical and emotional.
- The protection of his thoughts.
- His physical protection and health.
- His protection against attacks from Satan, deception, 3rd parties outside your marriage, lust, and impurity, as well as (any form of) divorce.

## **Spiritual life**

- His daily walk with God.
- His spiritual growth and to live a holy life.
- For his obedience to God.
- That he will be filled with the Holy Spirit and produce the fruit of the Spirit.
- For the operation of the sevenfold Spirit of God in his life according to Isaiah 11:2.
- For brokenness and humility, and that he will repent of any sin.

**Most importantly:** BLESS your husband and thank God for him!