



Feel like you don't measure up?

**OVERWHELMED? TIRED? CRYING NON-STOP?
DO YOU CONTEMPLATE TAKING YOUR OWN LIFE?
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Feeling worn out, burnt out trying to measure up, trying to get everything done, proving yourself? **OR**, perhaps you fear the disapproval of others and constantly feel intimidated? **OR**, maybe you are just wasting time - glued to your phone for hours, binge gaming or watching movies?

WHAT IF, INSTEAD OF WAKING UP FEELING EMPTY & OVERWHELMED, YOU CAN BE AT PEACE & HAVE HOPE FOR THE DAY AHEAD?

Isaiah 59:1 says; *Behold, the LORD's hand is not shortened, that it cannot save; nor His ear heavy, that it cannot hear. 2 But your iniquities have separated you from your God; and your sins have hidden His face from you, so that He will not hear.* Also in Psalm 145:18 it says: *The LORD is near to all who call upon Him, to all who call upon Him in truth.* **IF YOU ARE DESPERATE TODAY** – call upon the name of the Lord Jesus Christ. Tell Him you need Him to save you & cleanse you from all iniquity & sin. Ephesians 1:7 promises: *In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.* He promised His Holy Spirit to fill us, so we can have peace, joy and victory in His name. Ask Him to fill you with His Holy Spirit. Contact someone today who you know is a Christian, and ask them to pray with you for breakthrough in your current situation.

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