

## FELLOWSHIP WITH GOD

*Linger* in God's presence, and speak *affectionately* (intermittently saying to God, "I love You") speak *slowly* (not rapid fire), speak *softly* (not shouting at the indwelling Spirit), speak *briefly* (short phrases not paragraphs, even reducing phrases to one word) and speak *minimally* (listening twice as much as talking) with many *pauses*, *praying with your spirit* (1 Cor 14:2) along with gently *sighing* (Rom 8:26), *gazing in silence* for a few seconds or minutes. Continue to do this for as long as you are able to.

**JOURNAL:** Take time to record the thoughts and prayers He gives you.

# **THE HOLY SPIRIT'S WORK IN & THROUGH US**

## **Look up, Read, Write, Pray**

- You comfort me – John 14:27
- You equip with spiritual gifts – 1 Cor 12
- You guide me into all truth – John 16:13-15
- You help me – John 16:7
- You show me the Father's will – Acts 8:29
- You help me evangelise – Acts 1:8
- You dwell within me – 1 Cor 3:16
- You empower me – Acts 1:8
- You give eternal life – Rom 8:10-11
- You sanctify me – 1 Cor 6:11
- You seal me – Eph 1:13
- You teach & remind me of Christ's words  
– John 14:26
- You bear spiritual fruit in & through me  
– Gal 5:22-23
- You convict me of sin, righteousness &  
judgment – John 16:13
- You transform me into the image of Christ  
– 2 Cor 3:18